

Men's One Energy Multivitamin

Rainbow Light

- The convenience of one, gentle-on-the-stomach food-based tablet per day.
- Optimal, science-based daily nutrient potencies for long-term health protection that go well beyond minimal-support, one-tablet 100% RDA-type formulas designed simply to prevent nutrient deficiencies.
- Customized formulations, targeted to individual needs to support everyday energy production, stress management, healthy heart, brain and immune function.
- An energizing difference you can feel!

Supplement Facts		
Serving Size 1 Tablet		
	Amount Per Serving	%DV
Vitamin A (as 50% Beta-Carotene, 50% Palmitate)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as D ₃ Cholecalciferol)	800 IU	200%
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU	333%
Vitamin K (as Phytonadione)	100 mcg	125%
Thiamin (Vitamin B-1)	25 mg	1667%
Riboflavin (Vitamin B-2)	25 mg	1471%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine HCl)	25 mg	1250%
Folic Acid	800 mcg	200%
Vitamin B-12 (as Cyanoco-balamin)	25 mcg	417%
Biotin	150 mcg	50%
Pantothenic Acid (Vitamin B-5)	25 mg	250%
Calcium (as Carbonate)	50 mg	5%
Magnesium (as Oxide)	25 mg	6%
Zinc (as Citrate)	20 mg	133%
Selenium (as Selenomethionine, Amino Acid Chelate)	200 mcg	286%
Copper (as Amino Acid Chelate)	2 mg	100%
Manganese (as Citrate)	2 mg	100%
Chromium (as Amino Nicotinate)	200 mcg	167%
Molybdenum (as Amino Acid Chelate)	75 mcg	100%
Choline (as Bitartrate)	20 mg	*
Inositol	20 mg	*
Citrus Bioflavonoids	25 mg	*
Men's Strengthening Blend	100 mg	*
(equivalent to 150 mg of food and herbal powder)		
Saw Palmetto [berry] 2:1 Extract, Organic Spirulina		
Lycopene (from Tomato, natural)	1,000 mcg	*
Vegetable Juice Complex	10 mg	*
(4:1 extract, equivalent to 40 mg of vegetable powder)		
Kale, Spinach, Dandelion Greens, Beet		
Complete Digestive Support		
Protease (664 HUT*), Amylase (226 DU*), Lipase (2 LU*), Cellulase (3 CU*)		
<i>Lactobacillus Sporogenes</i>	25,000,000 CFU	*
Betaine HCL	10 mg	*

* Daily Value (DV) not established.

Other Ingredients: natural mineral and vegetable source cellulose, stearic acid (vegetable), magnesium stearate, modified cellulose, silica. Coating: vegetable food glaze.

Contains soy lecithin in vegetable glaze.

Suggested Usage: For pure and potent protection, take one tablet per day, with or between meals.

Guarantee: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. Contains no sugar, lactose, wheat, gluten or yeast.