

Citicoline

Jarrow Formulas

Suggested Usage: Take 1 to 2 capsules per day with food, or as directed by your qualified health care consultant.

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Capsule	% DV
Citicoline (from stabilized cytidine 5'diphosphocholine)	250 mg	*

* Daily Value not established.

Other Ingredients:

Rice flour, magnesium stearate (vegetable source), and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soy, no dairy, no egg, no fish/shellfish, no nuts/tree nuts.

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