

Every Woman's One Daily

New Chapter

- ~ Are easy to digest, even on an empty stomach. they're cultured whole food!
 - ~ Deliver essential nutrients in their safest and most active form within the infinite complexity of whole food.
 - ~ Provide an energizing and protective array of phytonutrients and ferment metabolites, including cultured soy isoflavones, beta glucans, bacteriocins, SOD, glutathione, lipoic acid, and enzymes.
- Certified Organic by International Certification Services, Inc., USA
- Suggested Use
One tablet daily. Can be taken anytime, even on an empty stomach.

Supplement Facts

One tablet contains

Probiotic Nutrientsi «		%DV
Vitamin A « (100% as beta-carotene)	5,000 IU	100%
Vitamin C «	60 mg	100%
Vitamin D «	400 IU	100%
Vitamin E «	30 IU	100%
Vitamin K «	80 mcg	100%
Thiamin-Vitamin B1 «	2 mg	100%
Riboflavin-Vitamin B2 «	2 mg	100%
Niacin «	20 mg	100%
Vitamin B6 «	2 mg	100%
Folate «	800 mcg	200%
Vitamin B12 «	12 mcg	200%
Biotin «	150 mcg	50%
Pantothenic Acid «	10 mg	100%
Calcium «	10 mg	1%
Iron «	3 mg	16%
Iodine «	75 mcg	50%
Zinc «	8 mg	53%
Selenium «	50 mcg	71%
Copper «	1.5 mg	75%
Manganese «	1 mg	50%
Chromium «	60 mcg	50%
Molybdenum «	40 mcg	53%
Potassium «	1 mg	<1%
Mixed Carotenoids «	3 mg	"

Organic Cultured Herbal Extracts (Proprietary Blend)		%DV
Women's LifeShield® Response « [Chaste tree (Vitex agnus-castus) (berry)r , Maca (root)r , Artichoke (leaf)r , Red Clover (flower)r , Raspberry (leaf)r , Nettle (leaf)r]	6 mg	"
Immune Support Response « [Astragalus (root)r , Elderberry (berry)r , Shiitake (mushroom)r , Cordyceps (mushroom)r , Reishi (mushroom)r , Maitake (mushroom)r]	6 mg	"

Superfoods and Spices (Proprietary Blend)		%DV
Soy Lecithin (non-GMO) *«***	45 mg	"
Organic Spinach (leaf)	6 mg	"

Turmeric (rhizome) 3.2 mg ethanolic extract and 0.8 mg supercritical extract	4 mg	"
Ginger (rhizome) 3.2 mg ethanolic extract and 0.8 mg organic supercritical extract	4 mg	"
Organic Blueberry (fruit)	4 mg	"

" Daily Value not established

r Organic

« Nutrients are cultured in organic media that may contain: organic milled soy, organic yeast (*Saccharomyces cerevisiae*) - a natural source of PABA and SOD, organic maltodextrin, organic gum acacia, organic orange and lemon peel - natural sources of bioflavonoids, organic carrot powder, organic alfalfa powder, enzymes and Lactobacilli (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*)

*** A natural source of choline, inositol, linoleic and linolenic acids

Other ingredients: Organic pre-gelatinized maize starch, silica, organic milled soy, and modified cellulose.

Contains: Soy.

100% vegetarian; no artificial flavors or colors.

Caution: As with any dietary or herbal supplement, you should advise your health care practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your health care practitioner prior to using this product.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.