

# Norwegian Cod Liver Oil Lightly Lemon Chewable Softgels

*Carlson Labs*

Five softgels daily are equivalent to one teaspoonful of Carlson Cod Liver Oil liquid.

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully potent and free of detectable levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

| <b>Supplement Facts</b>                        |   |  |         |
|--|---|--|---------|
| Serving Size 1 soft gel at mealtime            |   |  |         |
|  | Amount<br>Per 1<br>soft gel<br>at<br>mealtime |  | %<br>DV |
| Vitamin A (from<br>Cod Liver Oil)              | 150 IU  |  | 3%      |
| Vitamin D (from<br>Cod Liver Oil)              | 80 IU   |  | 20%     |
| Vitamin E (as d-<br>Alpha tocopherol)          | 2 IU  |  | 7%      |
| Omega-3 Fatty<br>Acids (from Cod<br>Liver Oil) | 230 mg  |  | *       |
| DHA<br>(Docosahexaenoic<br>Acid)               | 100 mg  |  | *       |
| EPA<br>(Eicosapentaenoic<br>Acid)              | 85 mg   |  | *       |
| * Daily Value (DV) not established             |   |  |         |