

Pure and Great Tasting Omega Oils

Pharmaceutical Grade*



Molecularly Distilled

Nordic Naturals Arctic Cod Liver Oil from Norway is molecularly distilled and enhanced with antioxidants for freshness and great taste. These capsules contain only naturally occurring vitamins A and D.

*All Nordic Naturals fish oils surpass all pharmaceutical standards for freshness and purity. Every batch is third-party tested, showing undetected levels of heavy metals, dioxins, and PCBs.

Suggested Use: Three soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Warning: Consult with your physician before using this product if you are allergic to iodine, using blood thinners, or anticipate surgery.

Keep out of the reach of children

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in Norway by:
NORDIC NATURALS, INC.
Distributed in:
Watsonville, CA 95076
Customer Service:
800.662.2544
www.nordicnaturals.com



Natural Triglyceride Form

Dietary Supplement

NORDIC NATURALS® ARCTIC™ COD LIVER OIL CAPSULES

A burst of lemon!



Meets our daily needs for
Omega-3s EPA and DHA

90 Soft Gels • 1000 mg

Supplement Facts

Serving Size: **3 Soft Gels** Servings per container: **30**

Amount Per Serving	% Daily Value*	
Calories	27	
Calories from fat	27	
Total Fat	3.0 g	5%
Saturated Fat	0.6 g	3%
Trans Fat	0 g	†
Cholesterol	7.5 mg	3%
Vitamin A	390-900 I.U.	8-18%
Vitamin D	1-12 I.U.	0.25-3%
Vitamin E (d-alpha tocopherol)	40 I.U.	133%
Omega-3s	Weight‡	Volume %
EPA (Eicosapentaenoic Acid)	246 mg	9%
DHA (Docosahexaenoic Acid)	375 mg	14%
Other Omega-3s	135 mg	5%
Total Omega-3s	756 mg	28%
Oleic Acid (Omega-9)	360 mg	13%

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established. ‡ Natural Triglycerides

Ingredients: purified arctic cod liver oil, soft gel capsule (gelatin, water, glycerin, natural lemon oil), natural lemon oil, d-alpha tocopherol.

No gluten, yeast, milk derivatives, or artificial colors or flavors. Contains vitamin E derived from refined soybean oil.

Please ♻️ this container

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