

IRISH CREAM

Nutrition Facts	
Serving Size 8 Pieces (60g)	
Servings Per Bag 10	
Amount Per Serving	
Calories 240	Calories from Fat 60
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 0g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Total Carbohydrate 36g	11%
Dietary Fiber 1g	4%
Sugars 31g	
Protein 15g	
Vitamin A 25%	• Vitamin C 25%
Calcium 25%	• Iron 20%
Vitamin D 25%	• Vitamin E 25%
Thiamin (B1) 25%	• Vitamin B2 25%
Niacin 25%	• Vitamin B6 25%
Vitamin B12 25%	• Iodine 25%
Magnesium 10%	• Zinc 25%
Copper 25%	• Biotin 25%
Pantothenic Acid 25%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

INGREDIENTS: SOY PROTEIN, BROWN RICE SYRUP, HONEY, HONEY POWDER, OATS, ALMOND BUTTER, SOYA LECITHIN, NATURAL FLAVOR, VITAMIN A (FROM BETA CAROTENE), VITAMIN B COMPLEX (NIACIN, PANTOTHENIC ACID, PYRIDOXINE, RIBOFLAVIN, THIAMIN, FOLIC ACID [50MCG], BIOTIN, VITAMIN B12), VITAMIN C, VITAMIN D, ALL NATURAL VITAMIN E COMPLEX (D-ALPHA TOCOPHEROL, BETA TOCOPHEROL, DELTA TOCOPHEROL), CALCIUM CARBONATE, CALCIUM CITRATE, MAGNESIUM OXIDE, MAGNESIUM CITRATE, CHROMIUM AMINO ACID COMPLEX, (50MCG CHROMIUM), SELENOMETHIONINE (50MCG SELENIUM), POTASSIUM IODIDE, COPPER GLUCONATE, ZINC ASCORBATE.