

Pharmaceutical Grade[♦] and Distilled for Purity

NORDIC NATURAL[®]



Supplement Facts

Serving Size: 2 Soft Gels Servings per container: 30

Amount Per Serving	% Daily Value*	
Calories	18	
Calories from fat	18	
Total Fat	2.0 g	3%
Saturated Fat	0.4 g	2%
Trans Fat	0 g	†
Vitamin E (d-alpha tocopherol)	30 I.U.	100%
Omega-3s	Weight*	Volume %
EPA (Eicosapentaenoic Acid)	270 mg	15%
DHA (Docosahexaenoic Acid)	180 mg	10%
Other Omega-3s	115 mg	6%
Total Omega-3s	565 mg	31%
Omega-6s	224 mg	12%
GLA (Gamma-Linolenic Acid)	66 mg	4%
Omega-9s	244 mg	13%
OA (Oleic Acid)	160 mg	9%

Please ♻️ this container

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established. ‡ Natural Triglycerides
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, natural lemon oil), borage oil, natural lemon oil, d-alpha tocopherol, rosemary extract.
No gluten, yeast, milk derivatives, or artificial colors or flavors.
Contains vitamin E derived from refined soybean oil.

REV.10

Natural Triglyceride Form

Dietary Supplement

COMPLETE[™] OMEGA-3·6·9

Supports healthy skin, flexible joints,
and strong immune function*

60 Soft Gels • 1000 mg Fish Oil with Borage Oil

Complete Omega-3-6-9 combines Omega-3 (EPA and DHA), Omega-6 (GLA), and Omega-9 (oleic acid) fatty acids, derived from a unique blend of fish oil and borage oil. This omega-rich formulation is a convenient and delicious way to support healthy skin, joint flexibility, and strong immune function.*

♦All Nordic Naturals fish oils surpass all pharmaceutical standards for freshness and purity. Every batch is third-party tested, showing no detected levels of heavy metals, dioxins, or PCBs.

Suggested Use: Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

Keep out of the reach of children

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in Norway by:
NORDIC NATURAL[®], INC.

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