

Pharmaceutical Grade[◇] and Distilled for Purity

NORDIC NATURAL[®]



A burst of lemon!

OMEGA-3

PURIFIED FISH OIL

Natural Triglyceride Form

Dietary Supplement

Each serving of Nordic Naturals Omega-3 provides approximately 690 mg of important omega-3 fatty acids, generously fulfilling the daily recommendations by ISSFAL of a minimum of 600 mg per day.[Ⓢ] Omega-3 fatty acids are essential for good nutrition and overall wellness.* Since the body cannot produce these fats, they must be consumed through diet or supplementation.

◇All Nordic Naturals fish oils surpass all pharmaceutical standards for freshness and purity. Every batch is third-party tested, showing no detected levels of heavy metals, dioxins, or PCBs.

ⓈISSFAL.org

Suggested Use: Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

Keep out of the reach of children

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in Norway by:
NORDIC NATURAL[®], INC.

Distributed in:
Watsonville, CA 95076

Customer Service:
800.662.2544

www.nordicnaturals.com



Purified fish oil for optimal wellness*

60 Soft Gels • 1000 mg Purified Fish Oil

Supplement Facts

Serving Size: 2 Soft Gels

Servings per container: 30

Amount Per Serving	% Daily Value*	
Calories	18	
Calories from fat	18	
Total Fat	2.0 g	3%
Saturated Fat	0.6 g	3%
Trans Fat	0 g	†
Vitamin E (d-alpha tocopherol)	30 I.U.	100%
Omega-3s	Weight[‡]	Volume %
EPA (Eicosapentaenoic Acid)	330 mg	18%
DHA (Docosahexaenoic Acid)	220 mg	12%
Other Omega-3s	140 mg	8%
Total Omega-3s	690 mg	38%
Oleic Acid (Omega-9)	116 mg	6%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, natural lemon oil), natural lemon oil, d-alpha tocopherol, rosemary extract.

No gluten, yeast, milk derivatives, or artificial colors or flavors. Contains vitamin E derived from refined soybean oil.

Please ♻️ this container

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